



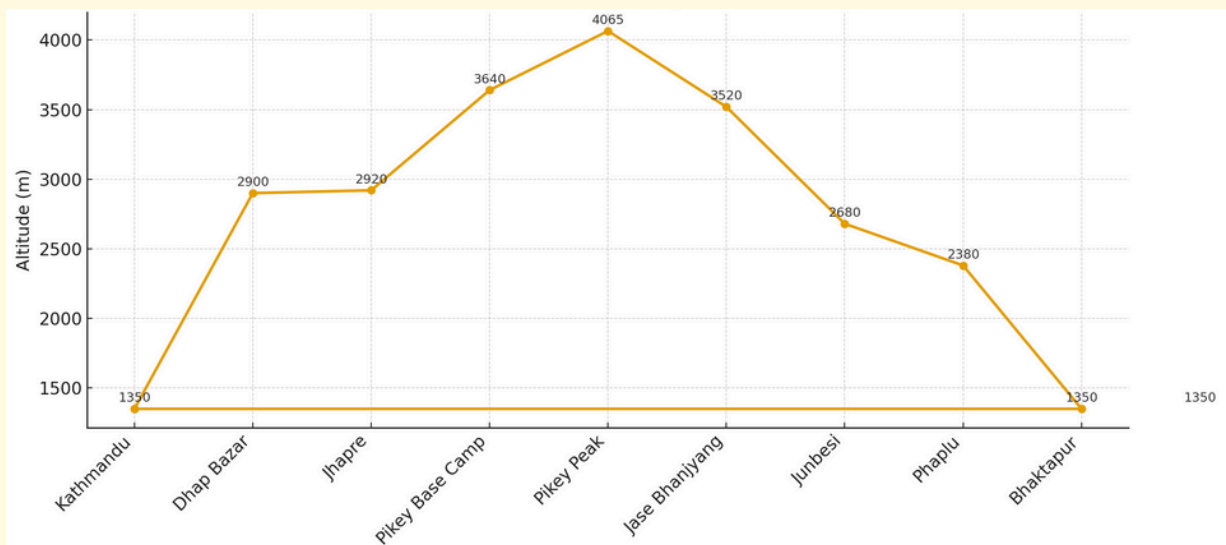
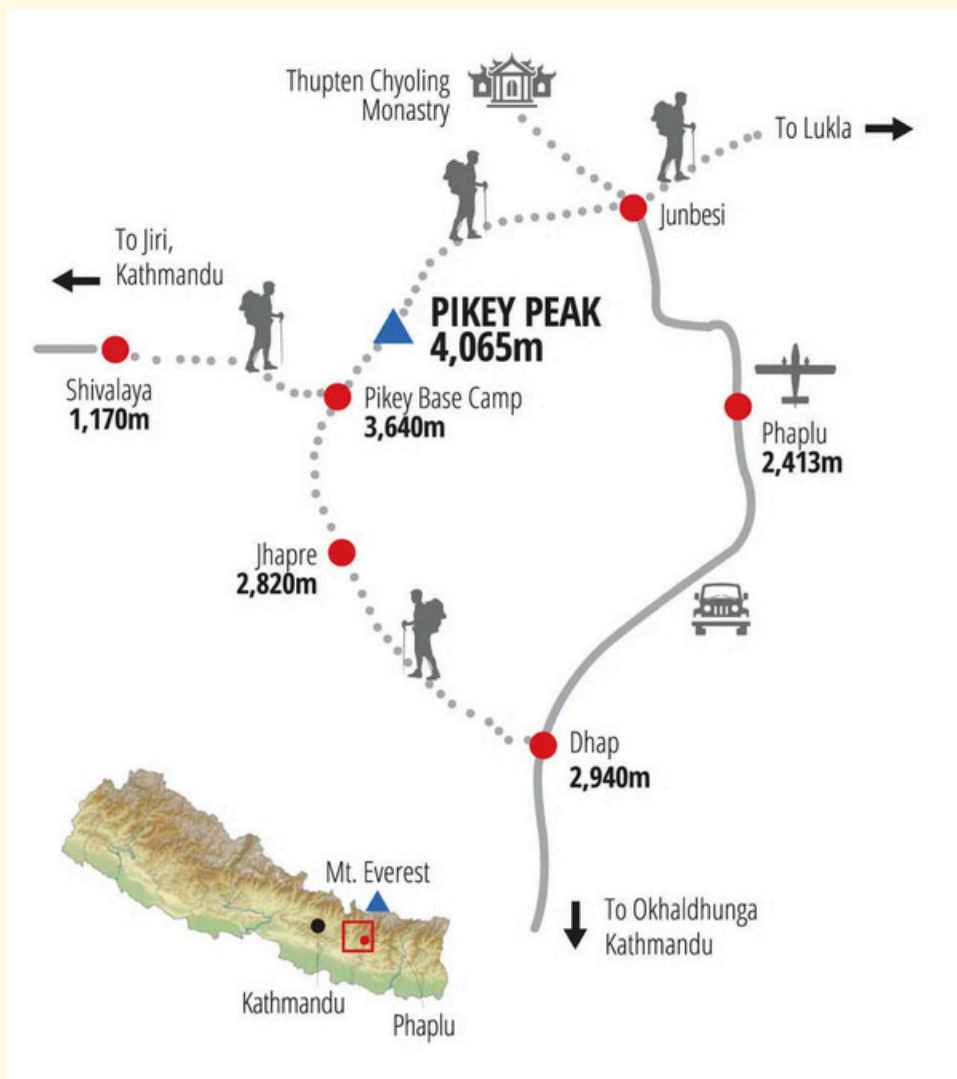
### Overview

The Pikey Peak Trek is a short and less-crowded journey in the lower Everest region, offering some of the most spectacular panoramic views of the Himalayas, including Mt. Everest, Makalu, Kanchenjunga, and Annapurna. At 4,065 meters, Pikey Peak provides a unique vantage point for sunrise and sunset over the world's highest mountains. The trek passes through traditional Sherpa villages, ancient monasteries, lush forests of rhododendron and pine, and scenic ridgelines. It's an ideal trek for those who want an authentic cultural experience and stunning Himalayan views without venturing too high or too far from Kathmandu.

Difficulty: Moderate

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## Day 1: Arrival in the Kathmandu

After the group's arrival at Tribhuvan International Airport in Kathmandu, our office representative will warmly receive the guests and transfer them to the hotel. Depending on the arrival time, a short walk around the Kathmandu Valley near from the hotel will be arranged to help guests relax and begin to experience the local culture and surroundings.



1.5 hrs

## Day 2 : Patan

Enjoy a cultural day hike through the traditional Newar villages of Bungamati and Khokana, known for their rich heritage, ancient temples, and timeless lifestyle. Walk along rural landscapes before heading toward the historic city of Patan, famed for its exquisite architecture and vibrant Durbar Square. This easy hike offers a perfect blend of culture, and history.

A City guide will accompany the group, sharing insights into the local traditions and craftsmanship along the way.



2-3 hrs



3-4 hrs

## Day 3 : Drive from Kathmandu to Dhap Bazaar (Altitude 2850 meters).

The first leg of our journey takes you by road from Kathmandu to Dhap Bazaar. You follow the road along the banks of the Sunkoshi River until you reach Ghurmi Village. Along the way, you can sit back and admire the constantly changing Nepali countryside of dense forests, terraced rice fields, and numerous gushing rivers. You eventually reach Dhap Bazaar where we can take a leisurely walk around the markets. Overnight at Tea Houses

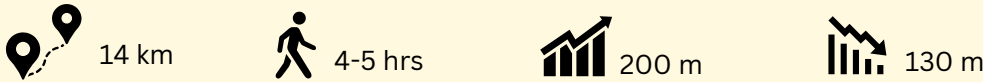


8 - 9 hrs



**Day 4: Trek from Dhap Bazaar to Japre (Altitude 2920 meters)**

From Dhap you start the trek. As you near Sigane, you will get a view of the peaks of the Numbur Himal range. The trail from Sigane follows a road under construction for the first couple of hours. The first village you reach is called Japre (2920 m). It is located above a deep valley with lovely views of Everest and Numbur Himal. There's a pretty little Buddhist Monastery and stupa. In Japre you stop for the night halt. Overnight at Tea Houses Lodge.



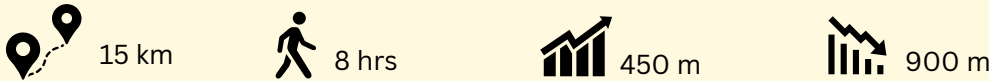
**Day 5: Trek from Jhapre to Pikey Base Camp (Altitude 3640 meters).**

After Japre, you follow the trail which climbs up to a grassy ridge at Bhulbhule. From there also you will have nice views of the Everest range. Soon after Bhulbhule, the trail splits and you'll turn right to Pikey Peak. You'll pass some old yak houses and a long mani stone wall. The trail then contours the hillside below Taklung Danda and goes through a beautiful forested trail. There are many rhododendron trees here along a level path (which you can see in bloom if trekking in the spring). As you leave the forest, it's around 2 hours to reach Pikey Peak base camp. Overnight at Tea Houses



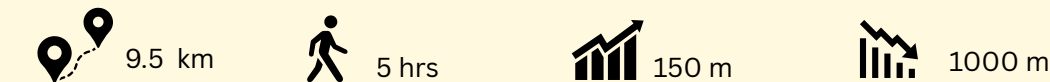
**Day 06 : Trek from Pikey Base Camp to Pikey Peak (Altitude 4065 meters) to Jase Bhanjyang (Altitude 3520 meters).**

Today early morning you start trekking to the famous viewpoint of Pikey Peak. You can enjoy the sunrise and mountain views of Mt. Everest (8848m), Number Chuli (6959m), Thamserku (6608m), Kangtega (6685m), Khatang (6853m), Kanchenjunga (8586m), Manaslu (8163m), Dhaulagiri (8167m), Gaurishankar (7134m), Dorje Lakpa (6966m) and Langtang. After taking in the extensive panorama from Pikey Peak we will descend to Jase Bhanjyang and rest (Today walking distance is short but because of steps up and down hiking, walking time will take around 4/5 hours. Thus it is wise to stay at Jase Bhanjyang for night stay and take a rest). Overnight at Tea Houses



**Day 07 Trek from Jase Bhanjyang to Junbesi (Altitude 2680 meters).**

After breakfast, you follow the trail through the forest. After the forest, you walk through the meadow. Then you arrive village named Taktor. Have lunch in this village. Then continue the trek towards Junbesi by wide dirt road. Before arriving in Junbesi, you can visit Buddhist Monastery. Junbesi is a beautiful village with Buddhist Stupa, and comfortable tea houses. This is the village of the Sherpa, Magar, and Tamang people. Overnight at Mountain Lodge



**Day 08 Trek from Junbesi to Phaplu (Altitude 2380 meters).**

After breakfast, you will follow the descending dusty trail along the Junbesi Khola until reaching a steel suspension bridge. After crossing the bridge you will reach Beni Ghat. You will continue your walk along the trail filled with scenic pleasures before reaching Phaplu. At Phaplu we can sample the local cuisine and drink while taking part in a traditional Sherpa cultural event. Overnight at Tea Houses.



**Day 09: Drive from Phaplu to Bhaktapur (Altitude: 1350 meters).**

Drive from Phaplu to Kathmandu with a regular sumo jeep. Upon arrival at Kathmandu, transfer to the hotel. In the evening farewell dinner at an authentic Nepali restaurant with Nepali cuisine.



**Day 10: Departure day**

# Accommodation



**Hotel in kathmandu : 3 STAR HOTEL**



**Hotel in Pokhara : 4 STAR HOTEL**

## Rooms during the Trek



During the trek, tea houses offer basic yet cozy accommodation with twin-sharing rooms, simple bedding, and shared bathrooms. Meals are hearty, featuring Nepali and international dishes. Facilities vary with altitude—lower regions have more amenities, while higher areas are simpler. Tea houses provide a warm, friendly atmosphere, often with communal dining areas and stunning mountain views, making them perfect for rest and cultural exchange along the journey.



# Transportation



**For: 10 Pax ,** All road transfers between towns and trekking starting points are provided in air-conditioned vehicles, ensuring a comfortable and cool journey throughout the trip.



**Above 13 Pax ,** All road transfers between towns and trekking starting points are provided in air-conditioned vehicles, ensuring a comfortable and cool journey throughout the trip.

Food:

We will discover delicious Nepali vegetarian food, Asian (Chinese and Indian) and Continental (European) cuisines.





### **Some important hints :**

- Scan VISA cards, passports and other critical documents to phone or email for easy access.
- There will be one porter between two trekkers, carrying a maximum of 20 kg (10 kg max. each) in a supplied soft duffel bag(s).
- Please keep packing to a minimum and & lt; 10 kg if possible.
- Each trekker to carry water, jacket, fleece, camera and daily needs in a small back-pack
- Most toilets on trek will be traditional squat toilets, with no toilet paper because local people wash themselves with their left hand and water, then wash their hands really well afterwards. Having some hard soap or hand-sanitiser is obviously a good idea. It's advisable to bring some wet wipes or toilet paper but discard it in the bin or bring the used paper with you in zip lock bags to be polite as throwing it down the hole is not advised.
- If you can't do without technology, think about bringing a camera or phone (with extra storage/batteries), charging cable (and universal plug adapter), power bank (solar optional), and offline trekking map app (Maps.me, Gaia , GPS).
- You cannot drink water from the tap, anywhere in Nepal, not even brush your teeth with it! Bottled water is universally available, but it is not environmental sustainable (think millions of plastic bottles that are not recycled).
- Money exchange are available in kathmandu and Pokhara. So when you arrived in kathmandu you can easily change the USD in NPR.

## **Clothing and accessories on trek**

- Small back pack with thin packliner and rain-cover
- Beanie
- Sun hat
- Balaclava, buff or neck gaiter
- Fleece or wool gloves
- Windproof outer gloves (optional for High Camp)
- socks
- undies
- polyprop/merino long-sleeved
- top and leggings for walking
- polyprop/merino long-sleeved
- top and leggings for sleeping
- polyprop/merino short-sleeved
- top for walking
- lightweight hiking shorts (lower altitude)
- lightweight trekking trousers (evening)
- polar fleece
- down jacket
- waterproof windproof raincoat
- Boots with ankle support (well-worn-in)
- Ultra-lightweight EVA plastic
- sandals (evenings)

## **Other**

- Headlamp with extra batteries
- Sunglasses (snow)
- Notebook & pen
- Reading glasses



**Included:**

- All meals are included on the whole itinerary (B,L,D)
- All the accommodation as per the itinerary.
- All legal permits to visit the trekking region
- Professional Guide and porter
- All transportation with a Air conditioned vehicle.
- One duffle bag per person for the trek.
- Sleeping bags but need to return after the trek.
- Company T-shirts.
- 1 Porter : 2 Guests.
- 1 Assistant Guide : 4 guests
- Insurance of our guides and Porters



**Duffle bag**

**Not included:**

- Personal expenses.
- Shower in the Treks and not included.
- Wifi and battery charge are not included in trekking trails, So better to have a power banks.
- Not included beverages (Alcoholic and Non alcoholic )
- Tips for staff (guides & drivers)
- International flights
- Personal travel and medical insurance that includes rescue evacuation

**Min Pax - Max Pax : 4 Pax - 10 Pax**

**Preis:**

**4 to 10 Pax : 1250 CHF**

**Extra 350 CHF for Single Supplement room in Kathmandu and Pokhara**

**Accommodation:**

**Hotel accommodation in Kathmandu, Pokhara are in the good hotel but during the trekking the it will be a Basic Tea Lodges with all the basic amenities.**

**No Single rooms will be available in the Trekking Trails.**

**Note : During our stay in the Trekking we will be staying in the basic Tea House Lodges with the basic amenities.**

# SAMSARA OUTDOOR

## Who are we?

Samsara Outdoor (<https://samsaraoutdoor.com/>) was established in 2016 to focus on exclusive and personalized trekking itineraries within Nepal. We are based in Kathmandu alongside our partner company, Samsara Garden (<https://www.samsara-garden.com/>) a sanctuary of peace in the bustle of our large city. We offer personalized travel and trekking services in Nepal and work with you to personally tailor your holiday and outdoor adventures. Your safety, comfort, and a wonderful time are our primary concerns. We have a team of dedicated and experienced trekking guides, porters, and other partners who will ensure a memorable trip.

Samsara Outdoor is your one-stop company from which you can explore our beautiful country, experiencing culture, local flavor, walks and treks.

## SOCIAL RESPONSIBILITY

### Our commitment

We are a dedicated team of young and enthusiastic trekkers, and we love our country and are committed to preserving the natural, physical, and culture beauty of our country and its people, for future generations. We want to ensure that, through our work and services, we provide for our staff, their families, the communities that we pass through, and our clients who become our friends. Protecting the environment – a minimal footprint. The spectacular natural environment in Nepal is our primary resource for prosperity, so we do our part by managing waste and disposing of it carefully. We take the utmost care to maintain biodiversity while traveling around in nature, leaving only out footprints.

### Guiding and helping those in need

It is our responsibility as humans to assist anyone in need. We support and guide people while traveling and donate through charities to people and places in remote parts of the country. Honest and fair business. We believe in fair and honest business with our staff, partners and clients. I not just about the money in this business; we are genuinely committed to treating all our staff, our business partners, and clients respectfully, and with gratitude.

### Supporting economic growth

Along with the benefits that we receive through our services, we contribute to the economic growth of the communities we collaborate with, and in doing so, we contribute to the total income of Nepal. We are always seeking to support and generate employment opportunities through our services, as it is a team business.

## **Nurturing the next generation**

Making a difference one child at a time

SUNITA DREAMING, established Nima and Padam Shrestha, founders of Samsara Outdoor, Kathmandu, is providing a safe home, education and a future for a young Nepalese girl, Sunita Gurung, Pasang Doma Sherpa and Ang Furba .

The goal of SUNITA DREAMING is to support one child at a time, but momentum is gathering towards the establishment of a vocational guidance workshop to provide training for any vulnerable children and young people so that they can look securely towards a strong, safe, and independent future.

At present we are investing into SUNITA DREAMING through a variety of means such as fund-raising and personal donations from our supporters. Five percent of net profit from Samsara Outdoor treks are being invested into this project.



From the Left Angfurba, Pasang and Sunita